

Session and Package Rates: \$100- \$120 per Session \$360- \$390 Package of 4 Session \$690-\$720 Package of 8 Session





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AADP





Raindrop Techniques





What is Raindrop Technique?

Most people would agree that a massage is soothing, relaxing, and pleasurable. But Raindrop technique is unquestionably far superior as it combines essential oils with special massage techniques to add greater therapeutic benefits to a pleasurable massage.

A Raindrop Technique is a powerful, noninvasive technique of layering essential oils with anti-microbial, anti-inflammatory, and antispasmodic properties, while incorporating the Vita-Flex Technique, a highly specialized form of reflexology developed by Stanley Burroughs, stimulating and supporting each gland and organ.

In a Raindrop Session the oils are dispensed like drops of rain over the back which are then feathered and massaged along the vertebrae and back muscles. Although the entire technique takes sixty minutes to complete, the oils continue to work in the body for up to one week following Raindrop Therapy.

The major effects of Raindrop Technique are:

- Kill bacteria and viruses hibernating along the length of the spine
- Reduce inflammation and pain of the body
- Sooth the nervous system, reduce stress & anxiety
- Relax tight sore muscles, tendons, and ligaments
- Enhance immunity system
- Balance & Re-align the Energy Centers of the Body
- Re-aligns the Spine in a Non-manipulative Manner
- Improve circulation and helps to detox the Body by improving lymphatic drainage
- Produce deep relaxation and facilitate the release of stubborn emotions

* Aromatherapy is a complementary modality. Not to be used as a substitute for conventional medicine or psychiatric care.

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Why use 9 oils in this technique

The 9 oils used in this technique are the most potent therapeutic, pure, unadulterated essential oils to help support the immune system, ease respiratory discomfort, promote normal breathing, relax stressed muscles, cub digestive upset, and relieve body and joint discomfort, as well as balance energy, lift the spirit, restore calm, and increase the ability to concentrate.

- Oregano, Thyme and Basil: The Core of Raindrop therapy—have the ability to clean off the receptor sites on cells. They are all phenols which are antibacterial, antiviral and anti-inflammatory.
- Cypress: for circulation
- Wintergreen: analgesic in nature
- Marjoram: anti-inflammatory and muscle relaxing
- Peppermint: increase penetration and uptake of the other oils
- Muscle Relaxing Blend: is a blend of several of the oils listed above plus the addition of Lavender.
- Energy Balancing Blend: resets the electrical conduction system in the body

This technique can be customized to compliment specific health issue:

- Heart/Circulation
- Brain
- Joint and Bones
- Liver

- Longevity
- Lung
- Hormone balance
- Colon /Digestion

What type of Aromatherapy Services do you offer?

Raindrop Technique session 90 min. \$100-120

Raindrop therapy is a powerful, non-invasive technique utilizing the antiviral, antibacterial, and anti-inflammatory action of several key essential oils to assist the body in maintaining normal spinal curvature.

In Raindrop therapy the oils are dispensed like drops of rain over the back which are then feathered and massaged along the vertebrae and back muscles.

Neuro-Auricular Technique (NAT) 30-min. \$50

this advanced form of Raindrop, is a specific upper back and neck technique (discovered by Gary Young) using essential oils to jump-start and reconnect all of the synapses of the brain and upper spine, particularly in the locus ceruleus and vagal ganglia. NAT a very potent technique discovered by Dr.Gary Young for assisting patient's with Parkinson's. This technique was found to have profound effects and is believed to offer assistance in managing other neurological disorders, depression, sustained stress disorders and other mental and physical health states.